



STUDY GUIDE

Reflection Questions:

Overview:

1. What was most memorable about what you just heard/saw?
2. What was most surprising?
3. What was most disturbing?
4. If you are API, what would you have shared if you had been interviewed for this film?
5. What can you and your congregation do to address issues raised?

Chapter 1 What Makes Unitarian Universalism Different?

1. Ailing and Karin both mentioned that despite being the only API in the congregation, they made a place for themselves. How do you think you might have responded had been the “only” in your congregation?
2. Social justice is an important component of our faith, according to many. What is the role of social justice in your UU experience?
3. What are your experiences in connecting race/ethnicity in a UU context?
4. What trauma did you experience in your former religion or life that you need to heal?

Chapter 2 Pluralism and Diversity

1. How difficult is it for people raised in Buddhist, Hindu, Muslim and other non-Christian traditions to become UUs?
2. Rev Janamanchi says our faith calls us to engage in diversity. What does that mean to you?
3. How has being a UU challenged you? How might that be different compared to what BIPOC people experience?
4. Karen Eng says she had to leave her church to grow as an API UU. How do you interpret that?
5. Rumni Sahai says not being fully seen is wounding. What does that mean and how can we change that?
6. Have you read Karin Lin's book *Mistakes and Miracles*? What lessons may apply to your congregation?
7. Rev Janamanchi says UUism is not living up to its pluralistic ideals. How can UUism evolve from its monocultural roots?

Chapter 3 Social Justice

1. Would you share how you've engaged with social justice in the last year or two?
2. What have you personally gained because of this experience?
3. What is your experience with anti-racism and racial justice?
4. How would you describe your congregation's current efforts to reach out to APIs and other BIPOC people?
5. How can UUs become more welcoming and inclusive?
6. Rev. Takahashi says our spiritual life is about tapping into our wholeness. What does that mean to you? To non-whites?

Chapter 4 Beloved Community

1. Li Lu Porter says she appreciates wrestling with tough questions. What tough questions has your congregation tackled and what others still need to be addressed?
2. What have you learned from Beloved Conversations or other racial justice programs?
3. Who do you know that is craving spiritual community? What keeps you from inviting them to join UUism?
4. How can your congregation reach out to diverse young people in college and twenty-thirty somethings? What needs to change about how we "do church"?
5. Karin says we are called to live in covenant. What does that mean?
6. What can be done to make UU congregations safe havens for BIPOC people to "put down the weight of the world" and when we're "on fire to change the world".

Chapter 5 Future of Unitarian Universalism

1. What are changes you would like to see in our denomination and congregational life?
2. How are we “uniting around culture” and how does that change?
3. Rev. Janamanchi says we could be “be gone in 20 years” if we don’t evolve. Agree?
4. How might a UU service for young BIPOC people look different than our typical service?
5. How does radical hospitality start before someone steps through our doors?
6. Rev. Sakurai says we need to identify why it’s scary to grow and change. Why?
7. How do we turn the promise of multicultural faith into practice?
8. What does accountability mean in this context?